



America Sews

with Sue Hausmann®

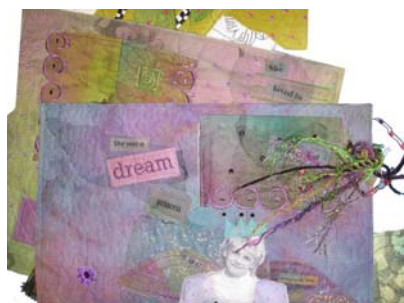
2903 Art for the Heart With Nadine Knecht

Guest Nadine Knecht from Kreative Konnection shared her Kreative Kindness Mission with America Sews

viewers! For a number of years she has been creating gifts for people who needed encouragement in their lives. Her angels, pillows, notebooks, wall quilts, scrapbook pages and “sew” much more all feature her beautiful hand dyed fabric, free motion embroidery, Kreative Kollage technique, quilting, plus words of encouragement in stitching and printed forms.



Nadine is an art quilter. She likes to mix it all up, stamping, quilting, free motion and more. She calls her Kreative Kindness mission Art for the Heart. Many of the customers at Nadine’s sewing machine store in the state of New York took classes to create Art for the Heart but some were timid about the free motion embroidery and art quilting design concepts. Nadine envisioned creating her Art Quilt Techniques in the embroidery hoop and worked with Cactus Punch and Inspira embroidery to develop her first licensed embroidery



design collection If Wishes Wore Wings. This Art



Sue Hausmann and Nadine Knecht

Sewing Supplies:

- Husqvarna Viking Sewing and Embroidery machine
- If Wishes Wore Wings Embroidery Collection EL18 from Cactus Punch/Inspira
- Lightweight batting (about ¼” thick)
- Electric Quilt Printable Fabric Cotton 200 Thread Count (6 sheets)
- Inspira Embroidery Needle Size 90
- Husqvarna Viking Sensor Q-Foot #412597545
- Robison Anton 40 weight Rayon or Polyester Embroidery Thread
- Embroidery Bobbin Thread
- Mettler Sewing Thread
- Sulky Cut-A-Way Stabilizer
- Sulky KK2000 Temporary Spray Adhesive
- Assorted fabrics, fibers, trims, yarns, plastic sequins, etc.
- Black or navy tulle

Quilting Cactus Punch/Inspira Embroidery Collection features designs for creating Nadine's Art Angel in the hoop, texture designs for quilt borders, doors to hide messages behind, wings, and "sew" much more.

Art Quilting and Kreative Kollage start with fun fabrics and textures! The fabric is key so Nadine hand dyed special fabrics for her If Wishes Wore Wings embroidery collection and



photographed the hand dyed fabric to create a printable file. With the If Wishes Wore Wings CD you have "picture files" of fabric so you can print her hand dyed fabrics onto printable

fabric with any ink jet printer. The If Wishes Wore Wings CD also includes printable words of encouragement and printable stamp designs. Complete instructions are



included with the If Wishes Wore Wings Embroidery Collection.

Nadine showed how to embellish fabric, with stamps and with rubbing plates. Spray the plate with KK2000 to keep the rubbing plate in place then put the plate on the right side of your fabric. Rub oil crayons over the rubbing plate. Let it dry for 24 hours before working with the fabric.



Tulle, plastic sequins, other glitters, yarns lace and Angelina fibers are just a few of the textures you can add to your Art for the Heart creation! It is



important to use only plastic sequins and beads so your sewing machine needle will stitch over and through them without breaking.

Art Angel



Nadine shared several different Art Angels that were created in the embroidery hoop. The Art Angel on the right was made for Nadine's daughter and all the fabric to create the angel is pieces and labels from her daughter's old jeans. The middle angel was created with Nadine's hand dyed fabrics that you can print from the images on the If Wishes Wore Wings CD. This is a fabulous way to think outside traditional hoop embroidery because all the pieces for the angel are stitched in the hoop. It is "sew" fun to watch your angel come to life!

Last winter, Nadine visited Sue in Arizona and taught a workshop with Cathey's Sewing Machines in Tucson. The room was filled with enthusiastic sew-ers and quilters and all of them finished their Art Angels. Everyone had a story about who they were planning to give their angel to and some planned to stop at a hospital or nursing home on the way home that day!

The favorite technique Nadine taught in Tucson was her Kreative Kollage which is the base for many of the Kreative Kollage embroidery elements including the Art Angel's wings. Save all your small scraps because this is where you will use them. Begin by placing a layer of Cut-A-Way stabilizer then a very light weight batting (about 1/4" thick) on the wrong side of a piece of fabric that will be the back side of the wings. Hold the layers together with Sulky KK2000 Temporary Spray Adhesive

and hoop in your 200mm x 360mm hoop. Begin to place small pieces of fabric on top of the batting. You will create a collage of fabrics then place textures such as Angelina fiber, plastic sequins (you can not embroider through metal sequins, you will break needles) yarn, thread, etc. on top and cover your Kreative Kollage with a piece of black tulle. Tulle is the type of bridal veil with the small holes. Nadine recommends black or navy to cover most colors to make everything “pop”. The exception would be a white or off-white Kreative Kollage, then she would suggest white or off white tulle.

Slide the hoop onto your Husqvarna Viking Designer Diamond sewing and embroidery machine. Put on the Sensor Q Foot and set for Free Motion Spring Action in the SET menu. Because you will be embroidering over a variety of fabric layers and fibers, etc. the Sensor Q Foot moves up and down as you embroider and holds the fabric to the stitch plate as the stitch is being formed.

Thread with 40 wt Robison Anton Rayon or Poyester thread on top and bobbin thread in the bobbin. The thread color will be recommended as you embroider however let your fabrics and creativity be your guide in selecting fabric colors. Select the wing design, touch FIX baste in the hoop to hold the tulle and layers together, then embroider the wing design. Remove the Kreative Kollage from the hoop and cut out the wings about 1/8” outside the stitching. The edges will be raw edges. Nadine reminds us that raw edges are very popular in art quilting today and says to repeat to yourself, raw edges are good, raw edges are good!



The rest of the pieces for the Art Angel are also created in the embroidery hoop. Nadine has included complete written and picture instructions on how to do Kreative Kollage and embroidering the elements of the angel on the If Wishes Wore Wings CD.

Our Art Angel is wonderful to straight stitch appliqué to wall quilts, pillows and more. To create a free standing angel like Nadine’s there are two options. The easiest way is to fuse the lightweight batting to the wrong side of a piece of pretty fabric for the back. Then place your finished angel front on top of the batting and cut out a back piece. Another option is to embroider a second angel in the hoop eliminating the face to create an angel back. Embroider or print messages of encouragement on the back while it is flat.

Stitch the wings to the back before assembling the angel. Place the Art Angel front and back wrong sides together then stitch around the outside about 1/8” from the edge keeping the wings out of the way of the stitching. Remember raw edges are good! There are two ways to make your Art Angel stand up. You can “pinch” the side seams to form a triangle and stitch across them as you would at the bottom of a tote bag or cut an oval base for the angel to set in. Stuff your Art Angel with fiber fill to give her more dimension.

The If Wishes Wore Wings Embroidery Collection includes border designs for quilted wall hangings, three dimensional pieces such as doors and tags, backgrounds, polka dots all stitched in the hoop. The large wings can be used as a closure in art journal.

Nadine’s inspiration for the name of this collection is a message she sends to all; “If wishes wore wings I would send this your way”. She encourages you to pass this message of encouragement on to those in need of inspiration and comfort.

These mini angels were created 20 at a time in a large hoop over a Kreative Kollage surface. Add a pin and these will be delivered to breast cancer patients.



2903 Quick Project Lace hair Accessories with Lynne Brown

Lynne Brown from Coats and Clark joined Sue to show how to create beautiful hair accessories with embroidered free standing lace. Freestanding lace means that the lace has been digitized to be sewn on water soluble stabilizer without any fabric in the hoop. When the water soluble stabilizer is dissolved away from free standing lace, the stitches will hold together because that is the way they have been digitized. Some lace designs are designed to be sewn on tulle or organza. If these were sewn only on water soluble stabilizer, they would fall apart when the stabilizer was dissolved away. For the Lace Hair Accessories, select free standing lace designs.



Sue Hausmann and Lynne Brown

Sewing Supplies:

- Husqvarna Viking Designer Sewing and Embroidery Machine
- Coats and Clark All Purpose Thread (choose the color you desire for your lace)
- Coats and Clark Dual Duty Fine Multi-color Thread
- Husqvarna Viking Embroidery Collection Vintage Lace #166
- Sulky Fabric Solvy or Ultra Solvy
- Inspira Embroidery Needle size 90



Lynne brought a lace “red vest” made with 15 spools of all purpose sewing thread. This cotton covered polyester sewing thread gives the free standing lace an old fashioned crocheted look. Lynn created this vest for the Go Red for Women Fashion Show at the Sewing and Stitchery Expo in Puyallup, Washington. The fashion show benefited the Women’s Heart Foundation. Sue loved the vest and asked Lynn to share it with America Sews viewers.



The lace hair accessories she brought for the Quick Project were stitched with designs from Husqvarna Viking Embroidery Collection #166, Vintage Lace. To stitch the designs, use Coats and Clark all purpose thread top and bobbin. You want to match the bobbin thread for free standing lace so the underside will look as good as the top.

There are two types of water soluble stabilizer, Fabric Solvy and Ultra Solvy. Both dissolve in water. We find the Fabric Solvy is very stable, and quite nice for lace.

Hoop Sulky Fabric Solvy or Sulky Ultra Solvy. Stitch the design, then remove it from the hoop and dip or soak in water to remove the stabilizer. You can rinse out all the stabilizer, or leave some in and shape the lace while it is still damp. For most of these hair ornaments, we did not soak out all the stabilizer to give the hair accessory some shape and body.

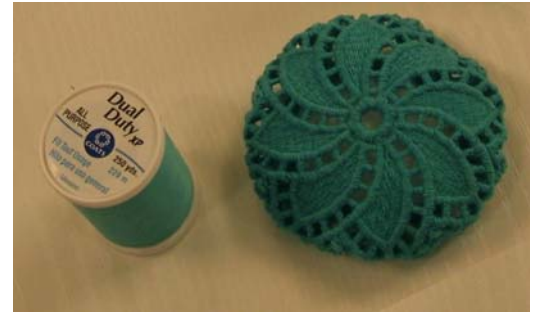
The lavender head piece was created by stitching Design #8 with Coats and Clark all purpose thread and then attaching it to a purchased headband. It would be a lovely bridal or first communion headpiece with a veil attached to it.

The little bobby pin flowers were stitched with Coats and Clark multi-color thread and then stitched to the bobby pins.

The little lace square Design number 11 has slots in the finished design that are perfect to thread ribbon through. Pull up the ribbon to create a bow shape with the lace then attach to a comb. This is a quick and adorable hair ornament.



Lynn also showed a round lace shape Design 10 stitched to a ponytail scrunchie to create a bun cover and a triangle shaped lace Design 3 to make a kerchief. The possibilities are endless!



Coats & Clark

Thanks to the Underwriter
of our Quick Project:

www.coatsandclark.com